WOMEN'S CIRCUS MEMBER CABARET



2025 CABARET INFO SHEET SHOW DATES: 11 - 14 DECEMBER, 2025



It's time to get excited about our annual Member Cabaret!

This year's cabaret theme is

"No Regrets!" and will be
directed by Malia Walsh with
Assistant Director Katy
Burrows.

Please read this info sheet carefully. In it you will find information about the theme, Expression of Interest (EOI) submission process, and key dates to check your availability and start planning your schedule.

The Cabaret process is designed to support you and your team through group development sessions, one-on-one time with the Director and access to our space and equipment to rehearse and develop your act.

ABOUT THE THEME: NO REGRETS!

Step into a world where bold choices, big feelings, and unapologetic joy take centre stage. This show is a celebration of living loudly and authentically — embracing every wild idea, impulsive leap, and delicious indulgence without a hint of hesitation. From fearless experiments to cake for dinner, from the beautifully ridiculous to the powerfully raw, **No Regrets!** is about owning who you are, doing what fills your cup, and revelling in the ride with friends by your side. We're here to surprise, delight, and maybe even shock — because when the lights go down, the only thing we'll feel is pride... and absolutely no regrets.

We welcome all expressions, whether it's comedy, skills based, dance, clown...the list goes on! Cabaret is for everyone and holds a space for everybody's individual ideas to come together.

Some questions to help your ideas:

- It is what it is and I'm proud of who I am
- I'm confident to put anything on stage because in the end I'll learn something and have a wonderful time with my friends, no regrets!
- We don't care what you think, we are true to ourselves
- This is an experiment, and I'll do whateverfills my cup, no regrets
- I can eat cake for dinner, absolutely no regrets!

EOI PROCESS

EOI submissions close **Tuesday 9 September at midnight.** You will be notified of the outcome the following week.

When pulling together the line-up, we will consider diversity of skills, and if the proposal and technical/rigging requirements are achievable. As this is an open access program, our goal will be to program all submissions. Please note, depending on the number of applications, we may ask you to choose one act only if you have multiple act ideas/wanted to be a part of multiple acts.

THERE ARE TWO CATEGORIES YOU CAN SUBMIT TO:

CREATE / PERFORM:

You have an idea (and maybe a team) and you're ready to start creating! Can be solo, duo or group.

Or

You want to perform but don't have an idea or a team. We'll help match you up and/or connect you to one of the idea submissions or with other performers.

Please note: All performers will need to be enrolled in a Term 4 class and be a Women's Circus Member. If you are not and are still keen to participate, get in touch with us at training@womenscircus.org.au.

Acts will be required to be no longer than 5 minutes in length, and we will not be able to provide music cutting services (but will be able to assist in community call outs for assistance).

SUPPORT:

Perfect for people who don't want to perform but would love to help and connect with the Women's Circus community.

Be part of the Front of House crew, help with costumes, cutting music or sourcing props. Let us know what skills you have or are interested in and we'll be in touch!

ACCESSIBLE APPLICATION OPTIONS:

If you would like to apply and the below form is not accessible for you, alternative application options are available; such as video or voice call, emailing your answers, or sending through a voice memo of your answers. Please contact training@womenscircus.org.au



KEY DATES

All acts and performers MUST be able to attend all of the dates/times below:

Q&A AND INFORMATION SESSION

Sunday 7th September: 1:30pm – 3:00pm

WORK IN PROGRESS SHOWING

Sunday 9 November: 2:15pm – 6pm

GROUP REHEARSALS

Sunday 23 November: 10am – 5pm Sunday 30 November: 10am – 5pm

SAFETY & TECH REHEARSAL, DRESS REHEARSAL

Sunday 7 December: 2pm - 8pm (Safety & Tech rehearsal) Wednesday 10 December: 6pm – 10:30pm (Dress rehearsal)

SHOWS

Thursday 11 December: 6pm – 10:30pm

(show runs 8pm - 9:30pm)

Friday 12 December: 6pm - 10:30pm

(show runs 8pm - 9:30pm)

Saturday 13 December: 1pm - 10:30 pm

(shows 3pm - 4.30pm and 8pm - 9.30pm)

Sunday 14 December: 1pm – 5pm

(show runs 3pm - 4:30pm)

CELEBRATION

Sunday 14 December: 5pm – 7pm

We will again be skipping bump out on Sunday to celebrate both the 2025 cabaret and the work of the Women's Circus staff and trainers as a group.

REHEARSAL & DEVELOPMENT

There will be plenty of opportunities to work with the director and to devise and rehearse your act. None of the below dates are compulsory for you attend in order to perform in the cabaret.

TWO SESSION INTENSIVE WITH MALIA, THE DIRECTOR

This year we are offering a two session intensive with Malia, to strengthen your creativity and act-building skills through group games and devising activities. You must be available for both dates to participate in this intensive.

The dates are:

Saturday, September 20th: 1:30pm – 5:30pm

Sunday, September 21st: 1:30pm –

5:30pm



WEEKLY ONE-ON-ONE SESSIONS

19, 26 October & 2, 12 November

Sessions with the Cabaret Director will be available and once we have completed the EOI process we will be in touch to book in your session/s.

SELF MANAGED REHEARSAL

Cabaret participants can book in to rehearse at Open Training sessions without completing an Open Training application from September 16.

If you have any further questions or concerns, please email training@womenscircus.org.au or call us during business hours on (03) 9687 3665.

