

# Open Training Information & Guidelines 2022 Women's Circus Training Members

#### **ABOUT OPEN TRAINING:**

Women's Circus supports our community to train and strengthen through our Open Training program. We offer scheduled open training sessions in our training space to provide a safe environment for our members, trainers and professional practicing circus artists to strengthen and maintain existing skills.

### Applications are welcome from the following groups:

- Current training Women's Circus members
- Professional practicing circus artists

# **Open Training Hours:**

Open Training hours will be dependent on venue availability and reflected in the MindBody booking platform. As Women's Circus programs, workshops and venue hires take priority, If a scheduled Open Training Session clashes with them the session will be cancelled, you'll be notified by email and the session pass will be added back on to your account to be used for a future session.

Visit the Open Training page on our website to see available times and book in.

# How to apply for Open Training:

- All Open Training participants are required to have completed the application process
  and be approved by Women's Circus prior to attending an Open Training session.
   Women's Circus Training Members are required to be attending a term class and
  have their class trainer complete a skill level form on their behalf. This form is accessible
  to the venue supervisor to ensure members are working within their competency.
- If you haven't completed the application process (filled out an application form and had it approved through the appropriate channels) you will not be able to participate in Open Training and may have to forfeit payment made.

For more information you can visit our Prices & FAQs page.

#### How to book a session:

- **1.** Read this document and fill out the Application Form.
- **2.** Take your filled-out Application Form to class and have your trainer review and approve the "About Your Practice" section of the form.
- 3. Submit your Application Form to info@womenscircus.org.au for approval.
- 4. Visit the Open Training page to pay for and book into your session.
- 5. If your Application Form hasn't been approved when you arrive to Open Training you will not be allowed to train and you will forfeit the payment for that class as per our <a href="Prices & FAQs">Prices & FAQs</a>.

- 6. To commence Open Training, you must check in with the Venue Supervisor at the start of each session to have your name checked off and to ensure your application has been approved. If it is your first session you must undergo a safety induction before training.
- **7.** You are required to follow the direction and safety advice of Women's Circus staff while in the space.

**Note:** You must have booked in prior to the session via MindBody. See the <u>Open Training</u> page on our website for more information. If you haven't booked into an Open Training session through <u>MindBody</u> or the <u>Open Training</u> page you will not be able to participate in Open Training.

#### Cost:

- Members \$8 per session
- Non-members \$10 per session
- Women's Circus Trainers Free

You can buy a single session or 5-packs for convenience. These sessions have a 12 month expiry so you have plenty of time to use them.

## **Indemnity & Insurance:**

- All participants must complete the indemnity form attached to the application form.
- It is recommended that all applicants have Personal Accident Insurance and <u>Ambulance Cover</u>. Note that emergency transport can cost over \$2000.
- Women's Circus is not in any way responsible for exacerbation of injuries, accidents, or injuries resulting from participation in Open Training and will not cover any medical expenses or loss of income that arise as a result.

#### **Contact Details:**

info@womenscircus.org.au (03) 9687 3665.

#### **Useful Links:**

Women's Circus Open Training page
Women's Circus Prices & FAQs
Open Training booking via your MindBody account



# **Open Training Application 2022**

Access to Women's Circus Open Training sessions is subject to approval of this application. Please ensure all fields have been completed before submission to ensure it gets approved.

		Last Name:	
mail:		Mobile:	
	tion 1-3 (including trainer sure application to info@wome		g your application.
ection 1 – Ab	oout Your Practice:		
Discipline Aerials, Acrobalance etc.	What will you practice? Skills you wish to train e.g. handstands, drops on tissue.	Your Ability Please indicate your level of training.	Trainer Sign Off Trainer to sign before submitting application
		Ţ	Ī

### Section 2 – Terms & Conditions

- Open Training participants acknowledge that Women's Circus programs, workshops and venue bookings have priority over the space.
- It is a condition of entry that Open Training participants have booked in to their session before entry.
- All Open Training participants will sign in with the Women's Circus staff member present for Open Training.
- All Open Training participants must conduct a safety induction prior to their first training session.
- All participants using rigging must be inducted by the Women's Circus qualified Rigger prior to the use of any rigging/aerial equipment. If not inducted, rigging may only operated by venue supervisor/safety officer.
- Open Training participants will follow the direction of Women's Circus staff at all times.
- Open Training participants will only train in disciplines approved through the application process.
- Any non-Women's Circus equipment must be inspected and approved by the Women's Circus Head Rigger prior to use and must be removed at the end of the session. Contact <a href="mailto:info@womenscircus.org.au">info@womenscircus.org.au</a> if you wish to organise this.
- Open Training is for practice and maintenance of skills you are competent in, and have been signed off on.
- Participants will not conduct any commercial activity through Open Training.
- All applicants must sign and complete the indemnity section.
- All Open Training participants are required to have completed the application process and been approved by Women's Circus.
- You must use a crash mat beneath you to train on aerial equipment.
- No jewellery is to be worn during open training.
- If aerial equipment is dropped, jammed, or hit it is no longer safe and must be reported and taken out of rotation. Even a small bump can compromise the safety of the gear.
- Any problems/incidents/accidents should be reported to Women's Circus staff.
- Ensure you put away any equipment you use and check in with the Women's Circus staff before you leave to see if they need help with clean up.

I have read and agree to the terms and conditions of the Women's Circus Open Training and confirm the information I have provided is true and correct:

Applicants Name:	
Applicants Signature:	
Date:	

# Section 3 – Indemnity

I (full name, please print)
Of (address)
Confirm, by making my application to participate in Women's Circus that:
<ul> <li>I give permission for Women's Circus to seek appropriate medical attention in the event of injury.</li> <li>I will pay all medical costs which may be incurred by me or by anyone else as a result of my actions while participating in the activities of Women's Circus Ltd., including the cost of an ambulance if it is deemed necessary to by staff to call one in order to ensure my safety.</li> <li>I agree to wholly indemnify Women's Circus, its employees and contractors from any liability arising out of injury, loss or damage caused a result of participation in the activity.</li> <li>I assume all risks of injury or damage that I may suffer to my person or other people and/or my property due to Women's Circus Ltd's activities, including the training programs, performances, and other activities.</li> <li>I agree to have my photo/ video taken by Women's Circus from time to time. I understand that these images remain the property of Women's Circus and may be used for marketing and training purposes. Please let Women's Circus staff know if you do not wish your image to be used.</li> </ul>
<b>Declaration:</b> I agree to be bound the Women's Circus' Constitution and the guidelines and rules set out by Women's Circus Ltd. I acknowledge and understand this Indemnity Form and that all information I have provided to Women's Circus is true and correct:
Signature:
Print Name:
Date:
We are unable to process this form without the declaration being signed and dated
Office Use Only:
Application approved? Y / N
Signature:
Date:
Reason for application rejection: