

Women's Circus 2021 Cabaret info pack

Show dates: Thursday 9 – Sunday 12 December

We are pumped for this year's Cabaret, which will also be Women's Circus 30th anniversary celebrations!

This year's cabaret theme is 'BREATHE'

Please read this info pack carefully. In it you will find a Dream-board to help launch your ideas, info about the Expression of Interest (EOI) submission process, and key dates to help plan your time and rehearsals.

The Cabaret process is designed to support you and your team through group development sessions, one on one time with the Director and access to our space and equipment to rehearse and develop your act.

We recognise the potential of impact from COVID-19 restrictions. We will remain responsive and flexible to the situation and find innovative and supportive ways to work towards an outcome. Circus has always been an artform that thinks outside the box – we got this!

To quote one of our amazing members: *"I think we plow on ahead despite the rona. Planning and creating for a goal (show) that may have to be postponed is better than waiting for rona zero. It will give me a focus and purpose to rise and eat healthily, work on my fitness & occupy my thoughts. That's all very good for my physical & mental health!"*

EOI PROCESS

EOI submissions close Monday 9 August at 11:59pm

When pulling together the line-up, we will consider diversity of skills, and if the proposal and technical/rigging requirements are achievable. As this is an open access program, our goal will be to program all submissions.

This year there are three categories you can submit to:

CREATE: You have an idea and a team and you're ready to start creating!

PERFORM: You want to perform but don't have an idea or a team. We'll help match you up and/or connect you to one of the idea submissions or with other performers.

SUPPORT: Perfect for folks who don't want to perform but would love to help and connect with community. Design a costume, source some props or be part of our amazing Front of House crew. Let us know what skills you have or are interested in and we'll be in touch!

Please note: All performers need to have completed a New Crew program or at least one term of classes at Women's Circus in the past 12 months to participate and must hold an active membership. Priority will be given to members currently enrolled in a class.

If you've never created or performed before – that's ok. Chat to your trainer, your classmates and your circus community and they'll help you out. Or feel free to get in touch with our Creative Producer Devon Taylor with any questions: producer@womenscircus.org.au

Remember - we are here to support you!

SUBMIT YOUR EOI: [Microsoft Forms](#)

Cabaret Online Q&A Session

Have questions or want to chat to our team? Join us for an Online Q&A with Kate Fryer (Director) and Devon Taylor (Creative Producer)

Monday 26 July, 5:30pm-6:30pm

Join Zoom Meeting:

<https://us02web.zoom.us/j/88055607191?pwd=VnBqTVhaMkRKVEp0aW1GZVRzckpDQT09>

Meeting ID: 880 5560 7191

Passcode: 582691

KEY DATES

All acts and performers **MUST** be able to attend all of the dates/times below.

REHEARSALS

- Sunday 12 September (1-4pm) Creative Development Intensive
- Sunday 17 October (1-4pm) Act Show & Tell – work in progress
- Sunday 21 November (10am-5pm) Group rehearsal #1- running order announced
- Sunday 28 November (10am-5pm) Group rehearsal #2- with MC
- Sunday 5 December (10am-5pm) Tech & Dress

SEASON

Thursday 9 – Sunday 12 December

- Wednesday Dress/Preview 8pm. Call time 6pm.
- Thursday, Friday and Saturday 8pm. Call time 6pm.
- Saturday, Sunday 2pm. Call time 12pm.
- Sunday – post-show Bump-out and Closing Party

Weekly one-on-one sessions: Sessions with Cabaret Director are available and encouraged. Performers required to book these in directly. Subject to availability.

Cabaret Open Training: Sundays from 10am – 1pm, and Thursdays from 12pm - 3pm.

You can also contact our Creative Producer Devon Taylor to book in other times in the space to rehearse, check out the costume store or to discuss your project:

producer@womenscircus.org.au

DREAMBOARD

“Breathe, this is just a chapter it’s not your whole story” SC Lourie (poet and writer)

For 30 years Women’s Circus has represented a place of safety, a place for the community to breathe freely. “Breathe” is an incredibly evocative word full of extremes; fear and safety, life and death, pleasure and pain, adversity and success, identity and history.

It is visceral and literal. What a great starting point to think about an act.

If you create from the physical out, start with breath.

If you create from the idea out, what do you see when you run the word BREATHE around in your head?

There is no right or wrong, think poignant, absurd, cerebral, physical, skills or story based, any kooky ideas that have been simmering waiting to burst forth.

Video links:

- [Melissa best part from life of the party #Lifeofparty #melissamccarthy #debbyryan #molly #luke](#)
- [10-Minute Guided Meditation for Beginners to Clear Thoughts](#)
- [Gasping Compilation](#)
- [Miley Cyrus - Just Breathe \(MTV Unplugged Presents Miley Cyrus Backyard Sessions\)](#)







