

# women\*scircus

## 'BREATHE' CABARET 2021 DREAMBOARD

*"Breathe, this is just a chapter it's not your whole story"* SC Lourie (poet and writer)

For 30 years Women's Circus has represented a place of safety, a place for the community to breathe freely. "Breathe" is an incredibly evocative word full of extremes; fear and safety, life and death, pleasure and pain, adversity and success, identity and history.

It is visceral and literal. What a great starting point to think about an act.

If you create from the physical out, start with breath.

If you create from the idea out, what do you see when you run the word BREATHE around in your head?

There is no right or wrong, think poignant, absurd, cerebral, physical, skills or story based, any kooky ideas that have been simmering waiting to burst forth.

### **Video links:**

[Melissa best part from life of the party #Lifeofparty #melissamccarthy #debbyryan #molly #luke](#)

[10-Minute Guided Meditation for Beginners to Clear Thoughts](#)

[Gasping Compilation](#)

[Miley Cyrus - Just Breathe \(MTV Unplugged Presents Miley Cyrus Backyard Sessions\)](#)













